

## 9 SENSORY FOOTPATH

**BIG IDEA:** We use our senses to explore the world around us.

**OBJECTIVE:** *Students will be able to name the 5 senses and explain how they have used all of their senses during their visit to the farm.*

This lesson is adapted from the FoodPrints lesson, [Exploring with Our Five Senses](#). To learn more about the FoodPrints program and access the full curriculum, including instructional videos, visit [freshfarm.org/foodprints](https://freshfarm.org/foodprints).

### VOCABULARY

- **SENSES** what we use to experience or understand our surroundings: touch, taste, smell, sight and hearing
- **HERBS** plants that we use to add flavor to our food
- **SPICES** the dried parts of plants that add flavor to our food

### MATERIALS

- Sensory Scavenger Hunt (attached)
- Paper/pencil for tracing hand
- Extra herbs

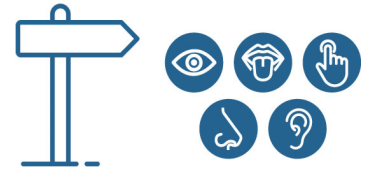
**ENGAGE:** *The engage section is designed to activate students' prior knowledge and experiences, pique their interest, and build curiosity.*

Welcome students to the Sensory Footpath.

Share that they will now have a chance to take off their shoes and use their senses to fully experience the moment. They can walk down the sensory footpath or explore the nearby area.

Review the 5 senses and ask students to name a few of the things they have seen, heard, touched, smelled or tasted so far during their visit.

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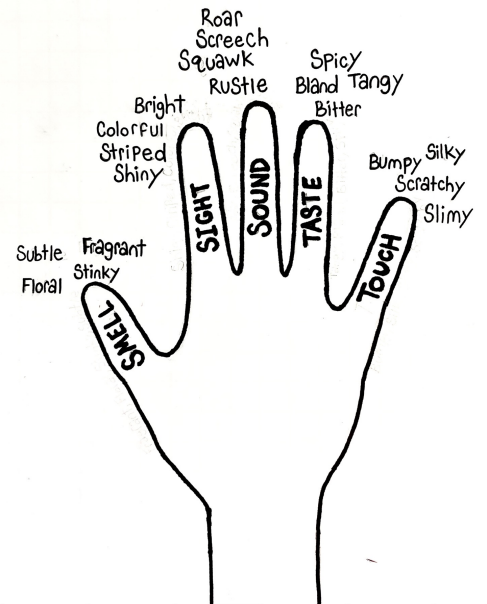
**EXPLORE:** These hands-on and minds-on investigations offer an opportunity for students to further explore the Big Idea of the lesson.

### INVESTIGATION 1:

**EXPLORING WITH YOUR SENSES.** The attached *Sensory Scavenger Hunt* can help guide students as they explore their surroundings using all their senses. They may need to walk off the path to complete the challenge.

### INVESTIGATION 2:

**EXPLORING WITH YOUR SENSES PART 2.** Trace your hand on a sheet of paper (or the attached *Exploring with Your Senses Worksheet*) and label each finger with one sense. Then, take one item – a leaf, flower, rock, insect, or herb as you smell, touch, listen, watch and then, if appropriate, taste.



**EVALUATE AND CLOSE:** Before moving on to the next station, please take a few moments to have students reflect on what they have learned.

- Ask students to share something they discovered by actively focusing on using all their senses.

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Name \_\_\_\_\_

Date \_\_\_\_\_

### SENSORY SCAVENGER HUNT

Choose one item – a leaf, flower, rock, or insect – you would like to observe more carefully. Then, trace your hand on this page and label each finger with a different sense. Write an adjective to describe how your object looks, feels, smells, sounds, and tastes.

hear farm machinery	taste an herb	touch a smooth rock	hear a bird singing
open a seed	Identify something growing	feel a soft leaf	look at a colorful flower
touch a blade of grass	watch an insect	feel damp soil	hear a buzzing bee
look for different shades of green	hear a branch break	touch a flower petal	What else did you notice?

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Name \_\_\_\_\_

Date \_\_\_\_\_

### EXPLORING WITH YOUR SENSES

Choose one item – a leaf, flower, rock, or insect – you would like to observe more carefully. Then, trace your hand on this page and label each finger with a different sense. Write an adjective to describe how your object looks, feels, smells, sounds, and tastes.

Roar  
Screech  
Squawk  
RUSTLE  
Spicy  
Bland  
Tangy  
Bitter

Bright  
Colorful  
Striped  
Shiny

Subtle  
Fragrant  
Floral

Bumpy  
Silky  
Scratchy  
Slimy

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